



| TIME | 野手 | | | | | | | | | | 投手 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------|--|-------|-------|--------|-------|-------|-------|-------|-------|-------|--|----------------------------------|-------|-------|-------|------|-------|------|-------|-------|-----------------|--|-----------|----|-------------------|----|----------------|----|--------|---|------|---|---|----|---|----|----|----|----|----|
| | グループA | | グループB | | グループC | | グループD | | グループE | | グループA | | グループB | | グループC | | グループD | | グループD | | | | | | | | | | | | | | | | | | | | | |
| | 背番号 | 名前 | 背番号 | 名前 | 背番号 | 名前 | 背番号 | 名前 | 背番号 | 名前 | 背番号 | 名前 | 背番号 | 名前 | 背番号 | 名前 | 背番号 | 名前 | 背番号 | 名前 | | | | | | | | | | | | | | | | | | | | |
| | 12 | 矢澤宏太 | 6 | アルカンタラ | 3 | 加藤豪将 | 5 | 野村佑希 | 10 | 清水優心 | 29 | 井口和朋 | 24 | 金村尚真 | 14 | 加藤貴之 | 18 | 吉田輝星 | 40 | 福田俊 | | | | | | | | | | | | | | | | | | | | |
| | 58 | 奈良間大己 | 7 | 松本剛 | 4 | 上川畑大悟 | 21 | 清宮幸太郎 | 23 | 伏見寅威 | 47 | 鈴木健矢 | 41 | ロドリゲス | 15 | 上沢直之 | 19 | 玉井大翔 | 53 | 長谷川威展 | | | | | | | | | | | | | | | | | | | | |
| | 66 | 万波中正 | 8 | 浅間大基 | 37 | 江越大賀 | 38 | 石井一成 | 27 | 古川裕大 | 51 | 石川直也 | 42 | ガント | 45 | ボンセ | 25 | 宮西尚生 | 62 | 宮内春輝 | | | | | | | | | | | | | | | | | | | | |
| | | | | 61 | | 今川優馬 | 50 | 五十幡亮汰 | 30 | 宇佐見真吾 | 57 | 北山巨基 | 59 | 根本悠楓 | | | 26 | 田中正義 | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | 70 | メネズ | | | 28 | 河野竜生 | | | | | | | | | | | | | | | | | | | | | | | |
| VS 東北楽天ゴールデンイーグルス(オープン戦) | | | | | | | | | | | VS 東北楽天ゴールデンイーグルス(オープン戦) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8:40 | ・スタッフM | | | | | | | | | | 8:40 | ・スタッフM | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9:00 | ・アップ(各自体幹・チェック) | | | | | | | | | | 9:00 | ・アップ(各自体幹・チェック) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9:20 | ・CB | | | | | | | | | | <table border="1"> <tr><td colspan="2" style="text-align: center;">BT順</td></tr> <tr><td>10</td><td>27</td></tr> <tr><td>23</td><td>30</td></tr> <tr><td>3</td><td>38</td></tr> <tr><td>37</td><td>6</td></tr> <tr><td>7</td><td>8</td></tr> <tr><td>4</td><td>61</td></tr> <tr><td>5</td><td>21</td></tr> <tr><td>66</td><td>50</td></tr> <tr><td>12</td><td>58</td></tr> </table> | | | | | | | | | | BT順 | | 10 | 27 | 23 | 30 | 3 | 38 | 37 | 6 | 7 | 8 | 4 | 61 | 5 | 21 | 66 | 50 | 12 | 58 |
| BT順 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 | 27 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 23 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | 38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 37 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | 8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 61 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | 21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 66 | 50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12 | 58 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9:35 | ・BT | | | | | | | | | | 10:15 | UP(サブ) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:50 | ・BT終了 | | | | | | | | | | <table border="1"> <tr><td colspan="2" style="text-align: center;">CB(サブ)</td></tr> <tr><td colspan="2" style="text-align: center;">コンディショニング</td></tr> <tr><td colspan="2" style="text-align: center;">ゲーム準備</td></tr> <tr><td colspan="2" style="text-align: center;">ランチ</td></tr> <tr><td colspan="2" style="text-align: center;">プレイボール</td></tr> </table> | | | | | | | | | | CB(サブ) | | コンディショニング | | ゲーム準備 | | ランチ | | プレイボール | | | | | | | | | | | |
| CB(サブ) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コンディショニング | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ゲーム準備 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ランチ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| プレイボール | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:15 | ・2UP | | | | | | | | | | <table border="1"> <tr><td colspan="2" style="text-align: center;">特PFP(サブ)</td></tr> <tr><td colspan="2" style="text-align: center;">コンディショニング</td></tr> <tr><td colspan="2" style="text-align: center;">50/40/30mインターバル×4</td></tr> <tr><td colspan="2" style="text-align: center;">MBスロー(上/叩き/踏込)</td></tr> <tr><td colspan="2" style="text-align: center;">ランチ</td></tr> <tr><td colspan="2" style="text-align: center;">個人練習</td></tr> </table> | | | | | | | | | | 特PFP(サブ) | | コンディショニング | | 50/40/30mインターバル×4 | | MBスロー(上/叩き/踏込) | | ランチ | | 個人練習 | | | | | | | | | |
| 特PFP(サブ) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コンディショニング | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 50/40/30mインターバル×4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| MBスロー(上/叩き/踏込) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ランチ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 個人練習 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:25 | ・シートノック | | | | | | | | | | 13:00 | (先)18(3)→26(3)→25(1)→19(1)→20(1) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:54 | ・花束(2名) | | | | | | | | | | <table border="1"> <tr><td colspan="2" style="text-align: center;">予備: 28.40.53.62</td></tr> </table> | | | | | | | | | | 予備: 28.40.53.62 | | | | | | | | | | | | | | | | | | | |
| 予備: 28.40.53.62 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:55 | ・メンバー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:56 | ・国歌 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13:00 | ・プレイボール | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ・コンディショニング(PP×6) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 個別 打)コーチ指示 捕)コーチ指示 内)志願者 外)コーチ指示 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |